



3v3 Recreational Soccer

LEAGUE/MATCH RULES

IN ACCORDANCE WITH THE US SOCCER PLAYER DEVELOPMENT INITIATIVE





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League/Match Rules

Presented by Miss-Lou Soccer Club in accordance with the US Soccer Player Development Initiative

Player Development Philosophy

- Results and standings will not be recorded.
- 3v3 matches are meant to be recreational and not competitive.
- The number one focus for these age groups is to have fun above all rules of the game.
- Since safety and fun are the top priorities, make adjustments as needed to ensure both are being promoted.
- Rules take a backseat to the fun, educational, free flow of the game.

Concussion Initiative

- Per US Soccer's Concussion Initiative, if a player is suspected to have a head injury the referee* is instructed to stop play to allow for treatment/evaluation as needed.
- If the player leaves the field of play for additional evaluation, a substitution can be made in that moment.
- The player with the suspected head injury may not return to the game unless a Health Care Professional or Certified Athletic Trainer has cleared the player.
- Any coach or parent insisting on returning the player to the game without approved clearance will result in the referee or coach ending the game
 - *If there is no referee in 3v3, this responsibility falls to the coaches and parents involved.
 - In the event no referee is provided, both coaches should remain on the sidelines while the ball is live and gameplay is ongoing but are allowed to step onto the field during a restart to instruct their team. Keep the kids playing regardless of the rules.

Heading the Ball

- Heading the ball is **NOT** allowed in 3v3 games
- If a player heads the ball in a game, whether deliberately or accidentally, an indirect free kick should be awarded to the opposing team from the spot of the offense.

Standards of Play

- Field
 - 30 yards (length)
 - 20 yards (width)
 - Goals should be 4ft height x 6ft width
 - Size 3 ball
 - Corner flags are not needed but a cone should be placed to denote the corners of the field.

- Number of players
 - 3v3 (no goalkeeper)
 - Substitutions are unlimited and can occur at any stoppage of play.
 - Shin guards are REQUIRED.
- Game Duration
 - 4 quarters
 - 6-minute quarters
 - 2-minute breaks between quarters
- Gameplay
 - Kick-ins and/or dribble-ins are acceptable as restarts when the ball has gone out over the sidelines.
 - Opponents should be 10 feet away from the ball on all restarts.
 - Goal kicks and corner kicks can be taken in the general vicinity of the respective goal or corner.
 - Free kicks (foul or hand ball) are indirect free-kicks.
 - No penalty kicks.
 - No offside.
 - No Build-Out Lines.
- Referees
 - Registered and certified referees are not needed at this level.
 - Youth referees that serve solely as Time Keepers may be provided if available.
 - Coaches and referees are expected to prioritize sportsmanship, safety, and fun above all laws of the game.
 - If no referees are used, coaches are expected to manage the game environment using these standards of play and their best judgement.
 - Together, coaches and parents are expected to create and promote a fun and safe environment for the players.
- Coaches
 - Coaches are to stand on the sideline while the ball is live and gameplay is ongoing.
 - During stoppage of play, coaches are allowed to step onto the field to instruct their teams.
 - Coaches are to work together and not argue amongst each other about the rules.
 - The main objective is to instruct and to keep the game flowing and fun.
 - Focus on positive instruction and skill development with your players.
 - Since rules take a backseat to the fun, educational, free flow of the game, please do not argue with referees about missed or incorrect calls. You will not be heard.
 - It is your responsibility to promote a fun and safe environment.
- Spectators
 - Spectators are only allowed along the side of the field opposite from the benches/technical area.
 - Spectators are prohibited from the area behind the goal line designated by the goal box. Along the remainder of the goal line, spectators must be 15 feet from the goal line and are restricted to the side of the field designated for spectators, unless authorized by the Recreation Director for a specific game.
 - A line may be painted to designate the permitted spectator areas to assist spectators, coaches, and referees in determining where seating is appropriate.